1933 Region 1 Championship at Winona Teachers College, Friday, May 19, 1933

Teams: Winona 50, Rochester 42 ½, Albert Lea 23 ½, Lake City 13, Pine Island 5.

1	Λ	Λ
1	v	υ

- 1 Ralph Schaffer, Winona 10.8
- 2 Collin McCarty, Rochester
- 3 Jimmy Douglas, Winona

220

- 1 Ralph Schaffer, Winona 24.7
- 2 Seeley Eastman, Lake City
- 3 Jimmy Douglas, Winona
- 4 Sorenson, Albert Lea

440

- 1 Bill Erbes, Rochester 56.5
- 2 Warner Buswell, Winona
- 3 Weiberg, Rochester
- 4 Nolan, Albert Lea

880

- 1 Bill Wegner, Rochester 2:13.9
- 2 Smith, Albert Lea
- 3 Shay, Pine Island
- 4 Morse, Winona

105 yd. High Hurdles (42" hurdles)

- 1 Bob Hubbard, Winona 15.4
- 2 Quackenbush, Rochester
- 3 Dick Ryan, Rochester

220 Yd. Low Hurdles

- 1 Bob Hubbard, Winona 28.2
- 2 Embury, Rochester
- 3 Sturgis, Lake City

880 Relay

- 1 Winona (W. Buswell, O. Johnson,
 - J. Douglas, R. Schaffer) 1:39.8
- 2 Rochester
- 3 Albert Lea

Shot Put

- 1 Paul Heise, Winona 41-5
- 2 Sorenson, Albert Lea
- 3 Fladwed, Lake City
- 4 Stew Holets, Rochester

Discus Throw

- 1 Bob Delaney, Rochester 102-0
- 2 Tiedemann, Albert Lea
- 3 Seeley Eastman, Lake City
- 4 Walter Ueland, Winona

Iavelin

- 1 Bowman, Albert Lea 150-9
- 2 Stew Holets, Rochester
- 3 Shay, Pine Island
- 4 Walter Ueland, Winona

Broad Jump

- 1 Bob Hubbard, Winona 20-7 3/4
- 2 Seeley Eastman, Lake City
- 3 Collin McCarty, Rochester
- 4 Sorenson, Albert Lea

High Jump

- 1 Seeley Eastman, Lake City 5-7 ½ (5-9 in Rochester PB)
- 2 Bowman, Albert Lea
- 2 Hartley Swenson, Rochester
- 4 Spries, Pine Island

Pole Vault

- 1 Walter Ueland, Winona 10-9
- 2 Hartley Swenson, Rochester
- 3 Bowman, Albert Lea
- 4 Sturgis, Lake City

All winning marks are meet records.

Notes: This was the first Region 1 Meet. From 1929 through 1932, Region 1 teams qualified out of the Carleton Invitational. Winona was coached by Loy F. Bowe. Rochester, coached by Norley, did not plan to attend the State Meet. Participation in the Regional Meet was very low. District 1 Meet had been postponed due to weather and no District 1 squads chose to attend.